



Growth Group Questions
March 22, 2026
“We Need Each Other”

CONTEXT

In Galatians 6 the apostle Paul moves from the contrast of the flesh and Spirit that he had been addressing in chapter 5 to talking about how to live practically within Christian community.

Paul begins by talking about how believers are called to help restore other believers who have fallen away. The goal is not to shame them, but to restore them gently. The Greek word for restoring that is used here is also used in the New Testament to talk about the mending of nets or the setting of a broken bone.



Friendship by Diane Dammeyer
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Believers are also to bear one another’s burdens. Self-sufficiency was never the aim for God. We are to rely on God and one another. Christian maturity is not seen in isolated strength but in mutual care. By carrying each other’s burdens, we fulfill the law of Christ, which is the way of love that Jesus taught his disciples and forms in us by the Holy Spirit.

Paul balances shared burdens with personal responsibility. The word for “load” that Paul uses in verse 5 is different than the word for “burden” in verse 2. The word in verse 5 has to do with a pilgrim’s backpack. There are burdens too heavy to carry alone, but each of us have a personal “load” which we are responsible for.

Paul closes this section with the reminder that we reap what we sow and that we should not grow weary in doing good even when the results seem slow in coming. We are to continue to do good to people both inside and outside the church as opportunities present themselves.



SCRIPTURE AND QUOTES

Galatians 6:1-10

¹Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. ²Carry each other's burdens, and in this way you will fulfill the law of Christ. ³If anyone thinks they are something when they are not, they deceive themselves. ⁴Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, ⁵for each one should carry their own load. ⁶Nevertheless, the one who receives instruction in the word should share all good things with their instructor.

⁷Do not be deceived: God cannot be mocked. A man reaps what he sows. ⁸Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. ⁹Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. ¹⁰Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Matthew 7:3-5

³“Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? ⁴How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? ⁵You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

Exodus 17:8-12

⁸The Amalekites came and attacked the Israelites at Rephidim. ⁹Moses said to Joshua, “Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands.” ¹⁰So Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill. ¹¹As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. ¹²When Moses' hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset.

2 Corinthians 7:5-7

⁵For when we came into Macedonia, we had no rest, but we were harassed at every turn—conflicts on the outside, fears within. ⁶But God, who comforts the downcast, comforted us by the coming of Titus, ⁷and not only by his coming but also by the comfort you had given him. He told us about your longing for me, your deep sorrow, your ardent concern for me, so that my joy was greater than ever.

QUESTIONS

1. Pastor Paul began this week's sermon with the old proverb “If you want to go fast, go alone. If you want to go far, go together.” What is it about being together that enables us to go further?
2. What does the Bible tell us about going “further together”?
3. In Galatians 6:1, the Apostle Paul says: “Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently.” What is the difference between helping someone to restore gently and judging them?



4. In Galatians 6:2, we are told to “carry each other’s burdens.” What does it mean to carry another’s burdens?
5. Both the Apostle Paul and Pastor Paul made a distinction between carrying one’s own load and bearing another’s burdens. How is carrying one’s own load different from bearing the burdens of others?
6. How does carrying another’s burdens “fulfill the law of Christ” (Galatians 6:2)?
7. What are some ways in which we can help carry the burdens of our brothers and sisters in Christ?
8. In Galatians 6:9, the Apostle Paul cautions “Let us not become weary in doing good. . . .” What are some practical ways we can stay motivated in helping others?

PASTOR PAUL’S SERMON QUESTIONS

1. Is there a place in your life where you are trying to go it alone and what can you do about that?
2. Who has “held up your arms” in the past, and is there someone whom God might be calling you to help “hold up” this week?

