

## Devotional Life Zoom Class

Thank you for your interest in the devotional zoom class and to those that were able to attend last Monday.

I messed up and did not properly record the class, so I recorded a summary of the class and it should be posted on the church website today. I will send you the link. It is only 16 minutes but has the key points for those who were not able to attend the first week.

### I have attached the following information for your use:

The Seven Minutes with God tract that I read 55 years ago which helped me start a daily time with God.

The Quiet Time weekly sheet which we discussed for you to fill out each day along with the Summary on Saturday.

Four slides including a summary of the class goal, ways to spiritually digest your reading, my suggested plan for your time with God, and the assignment for this and the following weeks.

The Wheel illustration which we will use each week in the zoom class to emphasize one of the spokes to help keep Christ in the center of our lives as we put into practice the things that God shows us.



15-Feb	1 Jesus' Presence
22-Feb	2 Word
1-Mar	3 Prayer
8-Mar	4 Fellowship
15-Mar	5 Witnessing
22-Mar	6 Obedience

Luke in his Book of Acts emphasized the Word, Prayer and Fellowship when he wrote *“They devoted themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer.”* (Acts 2:42)

I want to encourage you to learn six verses that I have attached, perhaps one verse a week, that relate to the Obedient Christian in Action.

This coming Monday some of us will share our Saturday Week Summary and then look at the importance of the Word of God.

I encourage you to spend some time each morning or during the day with God as you read a portion of His Word and then fill out the Quiet Time page.

Hope to see you at our zoom meeting Monday night at 6:30.

I will send you a refreshed zoom link Monday morning.

May you enjoy Gods’ presence each morning,

Marvin



## Got 7 Minutes for God?



Most Christians will tell you that they firmly believe in the importance of spending regular time in God's Word and in prayer each day. Yet, so many of us struggle to do this consistently. Perhaps that's because we think this time with God has to be a monumental, mystical experience. In fact, you can begin developing this spiritual discipline in as little as seven minutes a day.

Longtime Navigator Bob Foster developed a simple outline, called Seven Minutes with God, to help deepen your daily relationship with the Father.

This is simply a guide," Bob emphasized. "Very soon you will discover that it is impossible to spend only seven minutes with the Lord. An amazing thing happens—seven minutes become 20, and it's not long before you're spending 30 precious minutes with Him."

### DO IT FOR THE RIGHT REASON

Bob also offered additional words of wisdom: "Do not become devoted to the habit, but to the Savior. Do it not because other [people] are doing it—not as a spiritless duty every morning, not merely as an end in itself, but because God has granted the priceless privilege of fellowship with Himself."

Want a deeper walk with God? Give Him just seven minutes and see what happens!

To order copies of the booklet *Seven Minutes with God*, visit [www.navpress.com](http://www.navpress.com) or call 1-800-366-7788.

### ½ MINUTE: Preparing Your Heart

Invest the first 30 seconds preparing your heart. You might pray, "Lord, cleanse my heart so You can speak to me through the Scriptures. Make my mind alert, my soul active, and my heart responsive. Surround me with Your presence during this time."

### 4 MINUTES: Listening to God (Scripture Reading)

Take the next four minutes to read the Bible. Your greatest need is to hear a word from God. Allow the Word to strike fire in your heart. Meet the Author!

### 2½ MINUTES: Talking to God (Prayer)

After God has spoken through His Book, then speak to Him in prayer. One method is to incorporate four areas of prayer that you can remember with the word ACTS.

- A** **ADORATION.** This is the purest kind of prayer because it's all for God. Tell the Lord that you love Him. Reflect on His greatness.
- C** **CONFESSION.** Having seen Him, you now want to be sure every sin is cleansed and forsaken. "Confession" comes from a root word meaning "to agree together with." When we apply this to prayer, it means we agree with God's estimation of what we've done.
- T** **THANKSGIVING.** Think of several specific things to thank Him for: your family, your business, your church—even thank Him for hardships.
- S** **SUPPLICATION.** This means to "ask for, earnestly and humbly." Ask for others, then ask for yourself. Include people around the world, missionaries, friends, and those who have yet to hear about Jesus.

# Quiet Time Diary

<b>SUN DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>MON DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>TUE DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>WED DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>THU DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>FRI DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>SAT DATE</b> _____	<b>PASSAGE</b> _____
KEY VERSE FOR ME _____	
THOUGHT FROM VERSE _____	
_____	
MY NEED TODAY _____	
_____	
MY PRAYER TODAY _____	
_____	
_____	

<b>THIS WEEK</b>
MAIN VERSE FOR ME _____
MAIN THOUGHT FOR ME _____
_____
WHERE I FALL SHORT _____
_____
ONE GROWTH STEP _____
_____
_____
I WILL SHARE WITH _____
_____

## Zoom Class Goal

- Help believers know Christ's presence in their lives each day
- Give believers a plan to develop their relationship with God by applying the Scriptures to their lives daily and weekly



1

## Ways to Digest Your Reading

- Read out loud
- Focus on a word
- Re-read emphasizing each individual word
- Write it out
- Think of an image related to your thought
- When your mind wanders gently refocus on your thought or image



2

## My Suggested Plan



1. Prepare your heart
2. Listen to God (read scripture)
3. Thought from the passage - What stood out to you?
4. What is your need today - From life or the passage?
5. What is your prayer today - From life or the passage?

3

## Assignment For The Week

- Pick a time and place to meet with God tomorrow.
- Fill out your quiet time page now for John 1:1-5.
- Tomorrow read the rest of John chapter 1.
- Wednesday read chapter 2 and each day read another chapter.
- When we meet next Monday we will discuss your Summary for the week that you wrote out on Saturday and specifically your One Growth Step.
- Most of you will be able to read the Gospel of John.
- Some have other reading plans. That is fine but please fill out the daily quiet time page.
- If reading a chapter is too much, read what you want whether a few verses or a paragraph.
- The main thing is to start and spend some time with God each day.

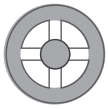
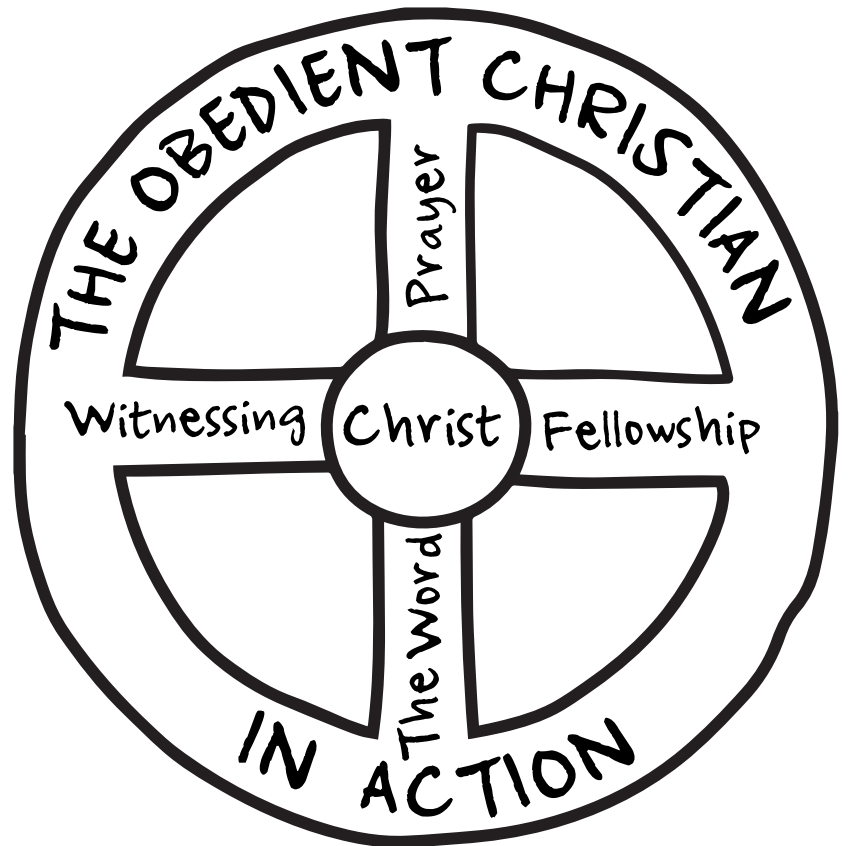
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Navigator  
Discipleship  
Tool

# THE WHEEL

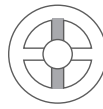
The Wheel diagram, created by Navigator founder Dawson Trotman in the 1930s, is a simple, effective way to visually explain the structure of a God-glorifying life. Sharing it can be as simple as drawing it on a napkin or notepad. The diagram challenges us to think deeply about how to be an obedient follower of Christ as each part represents a crucial component of a vibrant Christian life.



*How you relate to yourself.*

### THE VOLITIONAL DIMENSION

- **The Hub**—Christ the Center: Total surrender to Christ’s authority and lordship is not always a decision made right at conversion, but is a necessary act of will. For the believer, the “old life” has gone and the new has come (2 Corinthians 5:17), and Christ dwells through us instead (Galatians 2:20). God creates within us the desire to do what He wants us to do in order to express His lordship in our lives.
- **The Rim**—Obedience to Christ: Some acts of obedience to God are internal, such as attitudes, habits, motives, values and day-to-day thoughts. But even these eventually surface outwardly in our relationships with other people. Keeping His commandments in obedience is our outward indication of inward health and love for Christ—our worship (John 14:21, Romans 12:1).



*How you relate to God.*

### THE VERTICAL DIMENSION

- **The Word Spoke:** The Word of God is His direct voice showing us not only who He is, but how to live and interact with everyone around us (2 Timothy 3:16). This means an earnest personal intake of God’s Word is essential for health and growth (Joshua 1:8). As God speaks to us through the Scriptures, we can see His principles for life and ministry, learn how to obey Him and become acquainted with the Christ who is worthy of our steadfast allegiance.
- **The Prayer Spoke:** Prayer is the natural response to God as we hear Him speak through His Word. It is sharing our heart with the One who longs for our companionship and who cares about our concerns. Prayer not only trains our hearts and minds to know the power and glory of God, but also turns His ear towards action in our lives and of those who we pray for (John 15:7, Philippians 4:6-7).



*How you relate to others.*

### THE HORIZONTAL DIMENSION

- **The Fellowship Spoke:** God has directed Christians to build each other up through inter-dependence and loving relationships with each other (Hebrews 10:24-25). Gathering together as the Body of Christ draws God close around us as we praise Him and encourage one another (Matthew 18:20).
- **The Witnessing Spoke:** God has given believers the joy and responsibility of telling the world about the Good News of Christ’s work on earth (Matthew 4:19). In fact, sharing this spectacular news with others should be the natural overflow of a rich, vibrant life in Christ (Romans 1:16).

<p><b>2 Cor 5:17</b>                      <b>Christ the Center</b></p> <p>Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!</p> <p><b>2 Cor 5:17</b>                      <b>NIV</b></p>	<p><b>Rom 12:1</b>                      <b>Obedience</b></p> <p>Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.</p> <p><b>Rom 12:1</b>                      <b>NIV</b></p>	<p><b>2 Tim 3:16</b>                      <b>Word</b></p> <p>All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness,</p> <p><b>2 Tim 3:16</b>                      <b>NIV</b></p>
<p><b>Jn 5:7</b>                      <b>Prayer</b></p> <p>If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.</p> <p><b>Jn 5:7</b>                      <b>NIV</b></p>	<p><b>Mat 18:20</b>                      <b>Fellowship</b></p> <p>For where two or three gather in my name, there am I with them.</p> <p><b>Mat 18:20</b>                      <b>NIV</b></p>	<p><b>Mat 4:19</b>                      <b>Witnessing</b></p> <p>For where two or three gather in my name, there am I with them.</p> <p><b>Mat 4:19</b>                      <b>NIV</b></p>